

# THE MARRIAGE COURSE

Revised and Updated

## How to build a healthy marriage that lasts a lifetime

### What is The Marriage Course?

The Marriage Course is very practical, giving any married couple the tools to build a strong and healthy marriage that lasts a lifetime.

Over seven evenings spent together couples talk about important issues that can get swept under the carpet in the rush of daily life. An extra 8<sup>th</sup> session is designed for those in the military or face jobs with extended time apart, or long illnesses.

Topics covered include: recognizing each other's needs, learning to communicate effectively, resolving conflict, healing past hurt, knowing how to make each other feel loved, relating to parents and in-laws, good sex, making time for each other, and having fun together, as well as coping with times of separation.

Privacy as a couple is always respected. There is no group discussion and no requirement to disclose anything about your relationship to anyone else.

### What's involved?

Each evening begins with a candlelit meal. There is then a talk followed by an opportunity to discuss the topic together as a couple.

The setting is welcoming, relaxed, and unthreatening.

### Who is it for?

The Marriage Course is for any married couple who wants to build a strong and lasting relationship, especially:

- those who want to enhance their marriage
- those in the first five years of marriage
- those at a challenging stage in their marriage, such as the birth of a child, a career change, teenagers at home, the "empty nest"
- those struggling with issues in their marriage

The course, while based on Christian principles, is very helpful for any couple with or without a Christian faith or church background.



### REGISTRATION FORM

Please fill in this form and send it with your payment, if applicable, to the address on the reverse to let us know you are coming.

Titles \_\_\_\_\_ First Names \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

Zipcode \_\_\_\_\_ Daytime tel. number \_\_\_\_\_ e-mail \_\_\_\_\_

How did you find out about The Marriage Course? \_\_\_\_\_

It would be very helpful if you could give us an indication of your age. \_\_\_\_\_

How long have you been married? \_\_\_\_\_

Do you belong to a church? If so, which one? \_\_\_\_\_

I enclose payment (where applicable) of \_\_\_\_\_

We look forward to seeing you.

## Talk to a Host Couple

Harry/Bernadette Klassen (604-526-2595)

Tony/Gayle Vanags

Or email the church office: [office@olivet.bc.ca](mailto:office@olivet.bc.ca)

Or complete this form and drop it off at the church office

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## When and Where

Starts Sunday, Sept 19, 2010, and runs for 7 consecutive Sunday evenings to Nov 7, 2010  
(Skip Oct 31) Optional 8<sup>th</sup> Session... "Times of Separation", Nov 14, 2010.

Dinner starts at 6:00 pm.

Location: Olivet Hall, Olivet Baptist Church,  
613 Queens Avenue, New Westminster.

Cost: \$125 per couple. Includes 16 meals, course materials & romantic evenings.

*Childcare is provided.*

[www.themarriagecourse.ca](http://www.themarriagecourse.ca)

# An invitation to THE MARRIAGE COURSE

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