



Share something for which you are thankful for today.

Read 1 Samuel 1:1 - 2:17

Why was Hannah's suffering so great?

When you are treated badly (think of the taunting of Peninnah), are suffering, or in pain, how do you react?

Where did Hannah find peace?

Read Numbers 6:2-5

What is a Nazarite?

Hannah's son became the great prophet Samuel. What are some things you know about Samuel?

How can Hannah's experience encourage you to persevere in prayer?

How have you seen God turn around a seemingly hopeless situation into a great good?

Read Luke 1:46-55

Hannah prayed a triumphant prayer which has been called the forerunner of the magnificat of Mary, the mother of Jesus. Compare these prayers.

Read 1 Thessalonians 5:15-18



Spend some time praying prayers of thanksgiving