# **6 WAYS WE CAN WORSHIP GOD**

1. Give your best in whatever you're doing Doing your best is an act of worship. Whether helping around home or one of your neighbours, or working at school, knowing you are 'working for the Lord' causes us to want to give our best (Colossians 3:17)

## 2. Take care of yourself

Brushing your teeth, taking showers, exercising, and eating healthy might not seem like a way to worship God. But we can honor God by keeping our 'temples' clean and healthy, since the Holy Spirit lives in us (1 Corinthians 3:16).

#### 3. Say it!

Have you ever had a nice thought about someone, but you didn't tell them? The next time you think of something kind to say to someone - say it! So often, we let the bad out while keeping the good in. Ephesians 4:29 reminds us to say things that will help others become stronger.

## 4. Don't say it

Sometimes you might be thinking a not-so-nice thought about someone! If you can't say something nice – don't say it at all. God wants us to be careful about what we say. (James 3:10) Worship is as much about what we choose not to say as it is about what we do say.

## 5. Give generously

When we choose to give back to God some of what He has given us, it is worship (Proverbs 3:9-10). Using our money and skills to be a blessing to others also honors God.

#### 6. Be thankful

We all know that it is easy to be thankful for wonderful things. But some things are much harder. But thanking God for everything, even the difficult things, are a way of worshipping (1 Thessalonians 5:18).

Can you think of other ways to worship God?

Flip over the page and write or draw some ideas that you just thought of.

(Have your parent take a photo of your drawing and sent a text (778-232-5812) or email to jane@olivet.bc.ca and I will mail you a cool prize)





